**Access to Work Scheme**

[**https://www.gov.uk/access-to-work**](https://www.gov.uk/access-to-work)

**What Access to Work is**

Access to Work can help you get or stay in work if you have a physical or mental health condition or disability.

The support you get will depend on your needs. Through Access to Work, you can apply for:

* a grant to help pay for practical support with your work
* advice about managing your mental health at work
* money to pay for communication support at job interviews

Practical support with your work

Access to Work could give you a grant to help pay for things like:

* BSL interpreters, lip speakers or note takers
* adaptations to your vehicle so you can get to work
* taxi fares to work or a support worker if you cannot use public transport
* a support worker or job coach to help you in your workplace

Your workplace can include your home if you work from there some or all of the time.

It does not matter how much you earn. If you get an Access to Work grant, it will not affect any other benefits you get and you will not have to pay it back.

You or your employer may need to pay some costs up front and claim them back later.

How to apply

[Check you’re eligible](https://www.gov.uk/access-to-work/eligibility) and then [apply for an Access to Work grant](https://www.gov.uk/access-to-work/apply).

Mental health support

You can get support to manage your mental health at work.

You do not need to be diagnosed with a condition to apply for mental health support.

Find out what support you can get by contacting Access to Work funded mental health services [Able Futures](https://able-futures.co.uk/individuals) or [Remploy](https://www.remploy.co.uk/employers/mental-health-and-wellbeing/workplace-mental-health-support-service-employers).

You can apply for advice and guidance directly from these providers.

You can also [apply for an Access to Work grant](https://www.gov.uk/access-to-work/apply) if you think there’s practical support that could help you do your job.

Communication support for job interviews

Access to Work can help pay for communication support at a job interview if:

* you’re deaf or hard of hearing and need a BSL interpreter or lipspeaker
* you have a physical or mental health condition or learning difficulty and need communication support

Find out more and apply for [communication support at a job interview](https://www.gov.uk/guidance/apply-for-communication-support-at-a-job-interview-if-you-have-a-disability-or-health-condition-access-to-work).

What Access to Work will not pay for

Access to Work will not pay for [reasonable adjustments](https://www.gov.uk/reasonable-adjustments-for-disabled-workers). These are the changes your employer must legally make to support you to do your job.

Access to Work will advise your employer if changes should be made as reasonable adjustments.